

2 Diabetes

just another WordPress weblog

Search

HOME

ABOUT

PRIVACY POLICY

OCT 02 Type 2 diabetes warning signs – Why so many?

Signs Of Diabetes [HealthDesk.com](#)

Find Information On Diabetes. Get Info From Health Experts.

Type 2 Diabetes Diet [Nibbledish.com/Type-2-Diabetes-Diet](#)

Type 2 Diabetes Diet - Foods To Eat & Foods To Avoid!

Dr. Whitaker's Solution [www.DrWhitaker.com](#)

Treat Type 2 Diabetes Safely. Sign Up Now: Free Gifts & No Obligation!

Diabetes Treatment [www.cambridgeregistry.com](#)

Learn About Diabetes Treatment Expert Charles R. Shuman -See Now!



Warning signs of type **2 diabetes** and symptoms may develop very slowly. In fact, some people have **diabetes** type 2 years and not even know it.

The reason there are so many signs and symptoms is that everything is more efficient (or not) your body is using the nutrients feed relates. If you think about it, and the fact that a car needs gas and oil to run, what happens if you get a bad tank of gas or running out of oil? Yes, it is He stops.

Her whole body is supported to take the blood stream, it needs to all your organs, liver, kidney, brain cells, heart, eyes, etc. If these organs do not get what they need for their work et Their work doesn 'to do, then some other body can not function properly and there is a chain reaction. Before you know it, began to feel tired, but now you also have **two** high blood pressure and cholesterol and who knows what other common signs of type> Diabetes.

In many cases, the warnings themselves, even without notice to visit a doctor. If you want to be careful, and definitely check out things. Above all, do something soon to reverse the situation!

If you are not even sure what to look for, here are some **common warning signs** and a brief description of what happened.

or **excessive thirst and frequent urination** – are dehydrated the body as an attempt tocutting excess sugar from the blood

Extreme unexplained fatigue-O cells, if the level of sugar is withdrawn from, one is tired.

or **blurred vision** – is the liquid lens of the eye, your ability to focus clearly.

or **increased hunger** – if the cells do not receive the necessary glucose, muscles and organs to be your hunger for energy is consumed by triggering intense.

Loss of weight – without the abilityThe use of alternative fuels the body uses glucose in muscle and fat deposits. The calories are lost, because the excess glucose in the urine is released.

or **wounds that heal slowly, frequent skin, bladder or gum infections** – cell influence weak ability to heal the body and fight infection.

CATEGORIES

2 Diabetes Articles
2 Diabetes Videos
Diabetes Articles
Food & Beverage
Health & Fitness
Home & Family
Insurance
Pets & Animals
Sports & Recreation

ARCHIVES

October 2010
September 2010
August 2010
July 2010
June 2010
May 2010
April 2010
March 2010
February 2010
December 2009
November 2009

META

Log in
Entries (RSS)
Comments (RSS)

Irritability or – if the cells are deprived of sugar, will be irritable.

or **tingling or numbness in hands or feet** – when your cells do not get the Glucose is the circulation is compromised.

Dr. Whitaker's Solution www.DrWhitaker.com

Treat Type 2 Diabetes Safely. Sign Up Now: Free Gifts & No Obligation!

Diabetes Treatment www.cambridgeregistry.com

Learn About Diabetes Treatment Expert Charles R. Shuman -See Now!

Diabetes Symptoms Diagnosis Keepthefamilyhealthy.c

Dealing With Diabetes? Find Out What You Need To Know Today!

Type 2 Diabetes Meals Livesfit.net/-Type-2-Diabetes-Meals

Type 2 Diabetes Meals - Foods To Eat | Foods To Avoid!



2 Diabetes Articles - No Comments »

SEP
28

Diabetes – Facts and General Information

Diabetes is referred to a medical condition in which blood glucose concentration remains persistently higher than normal. Under normal conditions, the hormone Insulin, produced in pancreas, helps absorption of glucose into the cells. It also promotes the storage of excess blood sugar in the liver and muscles. Glucagon, another of the pancreatic hormone, is responsible for controlling the release of glucose into the bloodstream from its various reservoirs.

This normal chain of events sometimes gets disrupted, resulting in unusual blood glucose levels. One of the causes can be that the Insulin production may be hampered; another can be Insulin's inefficiency in eliciting a response from the necessary cells. As a result, sugar unbalance occurs, and blood glucose fails to be converted into useful energy at optimum efficiency.

A host of other ailments are associated with **Diabetes**, including some heart diseases, stroke, damage to kidneys, eyes and damage to vital systems like blood circulation and nervous tissues.

Diabetes may be caused by several causes, and factors such as inheritance, life style and age. Some of the symptoms include an unvarying fatigue, constant feeling of thirst, weight loss, muscle cramps, and vision defects. If you feel some combination of the above mentioned symptoms, then you may consider being tested for **Diabetes**.

Diabetes Testing:

Blood sugar test is used for diagnoses of **diabetes**. However, the procedures may vary.

The test may require you to abstain from eating or drinking anything for about fourteen hours. Or else, blood samples can be randomly taken at various times during a day, and matched for aberrance in sugar level. Blood may also be analyzed at intervals for two hours after the patient has a glucose-rich drink.

Even though the procedure is simple, there is a chance of developing some complications. Patients have reported experiencing fatigue and nausea after being tested, due to reactions with the hypodermic syringes, or the mere sight of blood. Sometimes, testing can require multiple injections, which can be a problem. Infection may also occur, though the chances are rare. In case any complication arises, refer to your doctor with regards to it.

Blood sugar test is done by checking the sugar level of the blood, and so the results may get affected due to factors like diet prior to test; medications, specially oral contraceptives, some diuretics and certain steroids; recent medical history, such as a recent injury or surgery. Such factors are taken into account while preparing a report.

Treatment for **Diabetes**:

The treatment procedures differ for the two types of **Diabetes**: Gestational **Diabetes** or **Diabetes** Mellitus. The aim is the same however: to maintain blood sugar at about normal levels.

Gestational **Diabetes** is a temporary sickness, and commonly occurs in pregnant women. Routine tests are carried out for Gestational **Diabetes** during pregnancy. After birth, the symptoms usually recess, but during pregnancy they need to be constantly monitored.

Diabetes Mellitus is a more serious and long-term form of **diabetes**. It has two forms: Type 1 and Type 2. Type 1 is a result of body's inability to synthesize Insulin, while Type 2 **Diabetes** is a condition in which the efficiency of Insulin action is reduced. **Diabetes** Mellitus is incurable in its entirety. However, it can be curtailed using a combination of medications, special diet and exercise. Patients can lead a normal life; however, in case of Type 1 **Diabetes**, frequent Insulin injections are required. **Diabetes** treatment includes:

- o Special low-fat, low-salt, and high carbohydrate diet
- o Avoiding sugary food and sweets
- o Regular exercise
- o Medications, like Insulin injections
- o Constant blood glucose monitoring

Diabetes Symptoms Diagnosis [Keepthefamilyhealthy.c](#)

Dealing With Diabetes? Find Out What You Need To Know Today!

Nick Jonas - Simple Wins [www.NicksSimpleWins.com](#)

Balance Your Life with Diabetes Find Your Simple Win

Lower Your Blood Sugar [Diabetes.HealthCommunities.cor](#)

Take Control Of Your Diabetes At Home Or On The Go - Learn More!

Diabetes Melitus 2 [Diabetes.Adventureworthy.com](#)

Free Diabetes Info, Diet Plans, Menus & More! Get The Facts Today.



Diabetes Articles - No Comments »

SEP

25

Multii – Take it and go. – Diabetesmine entry 2009

After creating a survey and asked Type 1 Diabetics to fill out about what sort of problems they encounter everyday while managing their diabetes. I surprisingly got over 400 responses in the past 10 months. Did you know that 43% of Type 1 Diabetics are still using the Insulin Pen and do not want to use an Insulin Pump because of the constant attachments and the fact that it is a continuous reminder of their condition? The top 3 problems that Type 1 Diabetics encounter and want to see a solution too are: 1 – They feel like they have too much to carry around everywhere. 2 – Counting Carbohydrates is complex and takes too long. 3 – Disposing of used needles and strips isnt available when you are away from home. The design of the Multii combines the Blood Glucose Monitor, an Insulin Pen and a portable Sharps Container into a compact device. It has a number of features that include storage compartments for 6 new penfill needles, it has a lazer lancet, has a compartment that hold a stack of 50 test strips that gets automatically ejected, a touch screen for an easier interface, an insulin pen that has a vaccum wall like the thermos technology which is used to control the temperature of the insulin keeping it cool at different temperatures and finally It has a barcode scanner where the user gets to scan a barcode from a packaged food item and the device connects to the internet through a nearby Bluetooth device or computer to download nutritional information about the specific ...

SEP
22

Can You Reverse Type 2 diabetes and prevent complications of diabetes!

What did you think when the doctor told you the results of the fasting glucose test and subsequent oral glucose tolerance test? And then, what did you do? You have decided that it would be OK to just leave a little ', only anti-diabetic medications and continue your lifestyle?

There are a lot of information on the internet and yes it is confusing ... there is so much conflicting advice on which direction you should go. We have heard the doctorProvider, you say need to lose weight. Perhaps you have asked how they wanted to do this because you have tried many times, and yet the weight does not budge. The truth is ... if you do not lose weight, your blood sugar is not sufficiently covered. High levels of blood sugar for long periods of time lead to so much damage throughout the body, and yes your life is reduced. And perhaps even worse is the measure of the quality of your life will change.

Let's take a look at some sobering statistics:

the most common cause of kidney failure is **diabetes** ... in 2002 44% of new cases of diabetes were hit men with **diabetes** are twice as often as my colleagues have sexual dysfunction as their non-diabetic
Diabetic neuropathy affects 60 to 70 percent of people with **diabetes**
Every year there are up to 30,000 new cases of damage to the retina
high levels of blood sugar are also responsible for **diabetes is** the mostLeading cause of blindness in adults aged 24 and over
Cataracts develop before and two times more often in people with **diabetes**
Men and women have a high incidence of urinary tract infections and skin infections
60% of non-traumatic amputations occur in people with unstable blood sugar levels in the leg
Death from a heart attack comes three fifty-eight times more common in diabetics
75% of people with **diabetes** have blood pressure greater than 130/80, so the risk of stroke is also high

These complications are a problem, even if you do not have type **2 diabetes**.

You know, until you receive a diagnosis of type **2 diabetes**, had sown the first idea you had high levels of blood sugar, the seeds of these complications were already. So for all of 7:00 to 12:00 or even more years, the beginning of some of these complications have already been deducted.

Change your diet plan to lose weight, increaseTheir physical activity and take medication if prescribed lowered, so that levels of blood sugar and help reverse some of the damage. Your diet plan is the center for treatment of type **2 diabetes**. Medication is not effective without a healthy eating plan.

SEP 18 Diabetes mellitus type 2

What is **diabetes** mellitus type 2?

Most people have heard of **diabetes**, lives at some point in their. Many people worldwide are living with him on a daily basis. There are three main types of **diabetes** mellitus type 1, type 2 and gestational diabetes. This article will focus on type 2 but I will also be a compilation of articles on other types of **diabetes** and related diseases, which I studied.

The three types of Diabetes mellitus (**diabetes** called Sugar's) sometimes are all alike in that they are characterized by the inability of the hormone insulin to regulate body. Insulin is a hormone produced by the pancreas and is responsible for the regulation of glucose. The pancreas is a gland located behind the stomach.

If all the blood glucose is set to be separated from the consumption of food or for some other reason, the insulin the pancreas to reduce again to a level acceptable to the issues raised to heal the body. If the pancreas does not secrete properly and the right amount of insulin the pancreas of insulin, or sometimes does not offer then the levels of blood sugar may become dangerously high.

What causes type 2 **diabetes**?

A child, teenager or adult can develop Type 2 **diabetes**, and while no one is absolutely certain is the direct cause of research has found that people type the following conditions are more likely to develop

Before High Blood Pressure

According to high cholesterol

Third family history of **diabetes**

Fourth Overweight

Fifth Native American

Sixth African American

Seventh Asian American

8th Pacific Islander

The nine women had **gestational diabetes**

What are the symptoms?

Before frequent urination is probably the most important and one of the first signs or symptoms.

Blurred vision may be an early **second** indicator of **diabetes** and other diseases.

His third hunger most of the time may be an indicator

The fourth weight loss without really trying can be a sign.

Fifth thirsty than usual

As type 2 **diabetes** mellitus diagnosed?

And 'diagnosed using various blood tests such as the following:

Before fasting blood sugar (FBS), also known as fasting blood glucose after an overnight fast is usually 8-12 hours to reach the laboratory collection center or blood. A blood sample is taken and then tested for blood sugar.

Random blood glucose test is a glucose **second** at any time if you did not fast and not fasting,

Third oral glucose tolerance test. If the random and fasting blood glucose test results warrant further examination, the doctor may order a glucose tolerance test. These usually last 1-5 hours depending on the check exactly what the doctor ordered. A fasting sample is drawn. You want a drink with a certain amount of glucose in it. You must drink Dink hastily, then laboratory blood usually at intervals of one hour should be established

until the time is reached when the trial period, you can not eat everything, usually in the laboratory allows water drink.

What is the treatment?

Type **2 diabetes** can often be controlled with some lifestyle changes. These changes include a healthy diet to lose weight, or in any form mild exercise. If these lifestyle changes are unsuccessful, then your doctor may recommend the need for insulin or **diabetes** medicine Glucophage type.

If you are diagnosed with **diabetes** is very important to monitor your blood sugar. The doctor can control the level of blood sugar three times daily or more often in special cases. Most people diagnosed with **diabetes** will receive a small handheld meter as a One-Touch. People with **diabetes** should be a journal to keep blood sugar levels, have their meters tested and calibrated on a regular basis.

People with **diabetes** may also need a test called hemoglobin A1c. The HbA1c test is also known as glycosylated hemoglobin, a method to determine if the patient's glucose level is well controlled or poorly controlled.

Diabetes can lead to other health problems?

Yes, it can cause uncontrolled blood sugar for many other problems and damage tissues and organs. It is probably the most common kidney damage, sometimes leading to renal failure. If you do not **treat diabetes**, risks of problems can develop one of the following.

First Eye problems, blurred vision, possibly blindness

second heart attack, stroke and vascular

Third Nerve damage can cause numbness in the fingers and toes, may also lead to foot ulcers and the need to eliminate a number of necrotic tissue itself

Fourth Kidney problems that can lead to renal failure

What should I do if I **have diabetes**?

Refer to the following groups for more information or

* American Association of **Diabetes** Educators

American Association of **Diabetes** Educators

100 West Monroe Street, Suite 400

Chicago, IL 60603-1901

Phone: 1-800-338-3633

Web address: <http://www.aadenet.org>

* American **Diabetes** Association

1701 North Beauregard Street

Alexandria, VA 22311

Phone: 1-800-342-2383

Web address: [http://www. Diabetes. Org](http://www.Diabetes.Org)

* **Diablo** National Information Clearing House

1 Information Way

Bethesda, MD 20892-3560

Phone: 1-800-860-8747

Web address: [http://www. Diabetes. Niddk.nih.gov](http://www.Diabetes.Niddk.nih.gov)

Annually by the American **Diabetes** Association has defined a bicycle tour fundraiser Tour de Cure "I have often in this case, drive **Diabetes** increases the money to help the search with the fight, too. Make sure you help check my website for more details on the support of the ADA for me to find a cure.

Disclaimer:

The report should in no way as medical advice. Suggestions and / or techniques that are described in this report for informational purposes only. If you are sick or injured, you should see your health care professional immediately

